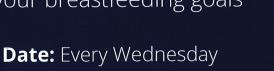




## FREE Bilingual Lactation & Breastfeeding Classes

## **Learn About:**

- Latch & positioning
- Monitoring weight gain
- Pump issues
- Breastfeeding while working
- Meeting your breastfeeding goals



Where: Advocate Trinity Hospital

2320 E. 93rd St., 4th Floor

Time: 11 AM - 12 PM

NW Conference Room, Room 4303

Instructor: Belkys Rode (219-951-9511)

Register: Scan the QR code or contact

312-447-4345/312-44<u>7-4346</u>

MWHS@sga-youth.org



Scan Me





Funded by Title V Maternal & Child Health Block Grant